

## **Blessing of the Waters Ceremony**

### **As conceived by Beth Remmes**

The “Blessing of the Waters” is a metaphor for many things; rivers joining as metaphor for community, thanksgiving for the many blessings of fresh water and how through our consciousness we affect ourselves, each other and the world around us. Participants are invited to bring water that has special significance to them for blessing during the ceremony. Some ministries hand out glass vessels in June as folks begin their summer travels—with an invite to bring their water sample to the September ceremony.

### **Blessing of the Waters**

- Sacred water reading
- Participant water contributions: individuals add their water to the communal vessel (mother water) w/description of where it came from.
- Communal blessing of water in communal vessel
- Optional poetry reading or prayer by participants, music
- Individuals are invited to take home sample of the blessed water to be returned to the earth
- Joining of communal blessed waters returned to the earth outdoors.

### **Script:**

Normally when you think of sacred places the mind imagines terrestrial locations – mountains, lands, and temples. But the planet is water too with more than 70% of the earth’s surface covered by water, and great portions of the interior are of a fluid nature. Many origin myths from different cultures have life emerging the great feminine womb of the earth’s waters whether they are the oceans or from springs and lakes. Our bodies are actually made of 72% water.

Not only are we made from water but all terrestrial life depends on fresh water which is only one percent of all the water on the earth. Water comes in many forms in our lives: snow, rain clouds, streams, waterfalls, showers and cooking water. Flowing water is energy in motion. That is why it is so important that we take care of the water on the earth through conservation and not polluting this natural resource, and for being thankful for its blessings.

In this ceremony we will combine the water that we have brought with us to represent our community through the merging of the water. We will pour our water into a common vessel which becomes the mother water and name where our water came from as we add it to the mother water.

In Dr. Emoto’s book (the hidden messages in water) – he states that blessing words can purify water. He also has stated, “if we can do this to water, imagine what we can do to ourselves?”

You are invited to bless the water today and to remember to hold positive thoughts for water.